

STARTERS

SUPER DAY (v) £5.50

Home-made soup with only the best ingredients and served with our seeded roll. We will let you know what it is...the soup that is

SCHMOKED SALMON 'N' CREAM CHEESE £5.95

Fresh slices of smoked salmon rolled w/ cream cheese, dill and lemon and served with melba toast and a salad garnish

I'LL HAVE THAT PLEASE (v) £5.75

Chunky wedges of brie, covered in breadcrumbs and dunked in the fryer till gooey and golden. Served with a sweet chilli dip

TOMATO AND AVOCADO BRUSHETTA (v) £5.95

Freshly diced tomato and avocado mixed with oil, garlic and basil, plonked on some crispy sliced bloomer and grilled. Served w/ a mixed leaf garnish

GARLIC MUSHROOMY (v) £5.85

Breakfast mushroom oven baked in garlic butter, served with a stilton croutey thing and finished with a white wine cream

DEEP FRIED POTATO SKINS (v) £5.95

They're still here... eight skins cooked till crispy and golden and served with sweet chilli and garlic mayonnaise dips

CHORIZO BILLY SALAD £5.80

Pan fried chorizo, served on bed of salad leaves, red onion, skinned red peppers and goats cheese. Drizzled w/ balsamic and chorizo oil

LIME SEARED SCALLOPS £7.95

(not available for early nights offer)

PT's fave... fresh scallops marinated in lime, seared in a pan, sat on a bed of wilted seasoned spinach and finished with a tasty teriyaki and sesame street sauce

GARLIC BREAD (v) £4.25

Molly's favourite at dad's work...lightly toasted ciabatta bread smothered in our garlic butter

GARLIC BREAD WITH CHEESE (v) £4.75

As above but with mozzarella up top...Maisie likes this one more

TORTILLA CRISPIES (v) £4.75

A hand full of tortilla wedges, dusted with Cajun spice. Served w/ tomato and avocado, humorous and tapenade. Good for sharing

HARROGATE SALAD (v) £5.75

A salad very similar, in fact identical, to Greek salad consisting of mixed leaf, onion, cucumber, tomato and served with mixed olives and oven warmed feta... finished with dried herbs and olive oil and plonked in a bowl for you from our Kitchen, in this building, in Harrogate... not Greece, hence the name. Quite simple really...and breathe

LOOK INTO MY EYES

Nowt to do with fish or anything else to eat tonight... but just a little reminder that we can cater for parties of up to 50 in our blue room for any occasion and that we also do corporate days where you can spend the day in Bed with your work colleagues. Please ask us for a group session or corporate pack or go to our website www.bed.ltd.uk

FISHY ON YER DISHY

CHERYL £12.50

(part of the Cod family who live at No 26, two doors up... and is a meaty white British fish) A fresh 6-7oz fillet of coley, topped with a herb, garlic, lemon and chilli breadcrumb, then oven roasted in oven and served w/ a warm mint ratatouille

FISH 'N' CHIPS £12.95

Fresh fish of the day coated in a light and crispy batter. Served with homemade tartar sauce, chunky chips and a minted pea puree
(please ask us what the fish is if we haven't already told ya ... ie we've forgotten)

MIXED GILL £17.50

(not available for early nights offer)

4oz of fresh salmon, 4oz of tuna and 4oz of hake, chargrilled and served w/ tempura king prawns and a rocket, broad bean and smoked bacon salad.
Finished w/ a garlic parsley butter

PAN ROASTED DEVASTATED SEABASS £14.95

(not available for early nights offer)

Devastated he ended up here ...a fresh fillet of seabass, roasted in oven and served with cajun and lemon potatoes, wilted spinach and finished with a warm tomato, spring onion and lemon dressing

CATCH OF THE DAY

(not available for early nights offer)

See blackboard or ask us about our daily fish special
£bargain

MAINS

OUR 'ENRI £14.75

(not available for early nights offer)

Leg of lamb, boned then filled with fresh mint, garlic and honey. Slow cooked and then put on a plate along with roasted new potatoes, creamed leeks and finished off with a rich lamb gravy. Knockout

THAI BOK BOK CURRY £12.95

Fresh boned thigh of chicken slow roasted in oven with Thai spices then added to Si's top secret Thai curry recipe. Served with a fragrant coriander and lime rice

BEEF STROGENOUGH £12.95

Sautéed beef fillet strips with green pepper, mushroom, dill pickle, garlic, paprika and cream. Served w/ a cajun sweet potato and coriander cous cous

STUFFED BELLY O'PORK £14.95

(not available for early nights offer)

Belly pork filled with a pork and apple farce, slowly roasted in oven then served w/ panfried savoy cabbage and a lemon potato fondant.
Finished with a light pork gravy. Yum

DELMONICO STEAK £17.50

(not available for early nights offer)

A 10oz club steak, served on t' bone, cooked how yer like, served with chips and onion rings... and comes with a choice of either a peppercorn sauce or a bacon, mushroom and red wine sauce

HOCKIE DOKIE £12.75

Ham hock slowly roasted in honey and served off t'bone with a creamy mash and a rich wholegrain mustard and cream sauce

MEATY DISHY OF THE DAY

(not available for early nights offer)

Please see blackboard or ask us what it is
£ another bargain

VEGETARIAN, PASTA, SALADS AND STUFF

CANALONELY (v) £12.50

Home made canalonely tubes filled with roasted vegetables and tommy sauce (fresh...not the bottled stuff), combined with a wild mushroom white sauce, oven roasted and finished with some Danish mozz

MAGIC MUSHROOM (v) £12.50

A jacket tatty with the potato inside removed and filled with a mushroom fricassee instead, topped with a chive and oil mash...oven roasted and served Simon's pickled peppers and finished with a rich tomato sauce
(magic... cos you're guna like it...but not a lot?... never!!!" Quoted from Si Daniels cook book...see what I did there ☺)

VEGETABLE THAI CURRY (v) £12.50

Sautéed orbjeans, mushroom, baby sweetcorn, courgettes, mixed peppers and carrots, cooked with Si's secret Thai curry recipe and served w/ a fragrant coriander and lime rice

HARROGATE SALAD LARGE (v) £11.50

A salad very similar, in fact identical, to Greek salad consisting of mixed leaf, onion, cucumber, tomato and served with mixed olives and oven warmed feta... finished with dried herbs and olive oil and plonked in a bowl for you from our Kitchen, in this building, in Harrogate... not Greece, hence the name. Quite simple really...and breathe

BED'S BOK BOK CAESAR SALAD £11.50

Our own version this time... mixed leaf coated in homemade Caesar dressing, with onions, cherry toms and parmesan shavings. Topped with chicken fillets which have been covered in breadcrumbs and fried just for you

FIGHT IN A BISCUIT TIN

(for people over 25 ish)

The bandit hit the penguin over the head with a club and made his breakaway in a taxi. Unfortunately, not a salad nor a vegetarian choice but I thought I would fill this gap with a lil' light humour, as it seemed such a terrible waste of space...

£priceless

DID YOU KNOW?

(AKA 'THE SPACE-FILLER')

You can book your table online - www.bed.ltd.uk
(more futuristic than Buck Rogers in a Sinclair C5)

We've gone all tekky - we're on Facebook and Twitter (whatever they are)

We do a gluten free version of this menu

We also cater for Vegans (albeit a limited choice)

Bed is now in it's 10th year!

We operate a chef's table in the Kitchen every Saturday night for 2 peeps
There's no extra cost and 20% of your bill goes to a charity dear to my heart...
- Martin House Children's Hospice at Boston Spa -

As far as we're aware we are the only restaurant in the whole wide world where you get a Curly Wurly with your bill (we've been doing that since we started)

Dave still cuts his own hair (and boy can you tell!)

Si (head chef) snowboards in his Oakeys... even without snow... or a board... basically in front of the mirror in the office

A BIT ON THE SIDE

HOUSE SALAD (v) £3.50

Mixed leaf, cucumber, cherry tomato, red onion and croutons all muddled up in a bowl

GREEN SALAD (v) £3.50

Lots of nice green bits 'n' bobs in a bowl

TORTILLA CRISPIES (v) £4.75

Another hand full of tortilla wedges, dusted with Cajun spice. Served w/ tomato and avocado, humorous and tapenade. Good for sharing

CHIPS (v) £2.95

A bowl of

GARLIC BREAD (v) £4.25

Mols' fave at dad's work...lightly toasted ciabatta bread smothered in our garlic butter

GARLIC BREAD WITH CHEESE (v) £4.75

As above but with mozzarella up top. Maisie says yum

SPANKIN' BRAND NEW POTATOES (v) £3.25

Err... new potatoes topped with butter and parsley. Never been used... they are that new

ROAST GARLIC AND PARSLEY MASH (v) £3.25

Can be served with or without the garlic

TODAY'S VEGETABLES (v) £3.25

Ask your server what is today's seasonal choice (there is a good chance they wont have a clue... but it was worth a try I suppose)

LARGE BOWL OF TODAY'S VEGETABLES (v) £8.50

Same as the one before but will feed at least three of ya

SPINACH (v) £3.75

Sautéed in our wok with nutmeg, salt 'n' pepper

ONION RINGS (v) £3.50

Ten of 'em

IF YOU'VE STILL GOT ROOM

THE LEMON POSSET £5.75

From the far end of t'Kitchen...a reet tangy palette cleaner... a really light lemon mousse served with a fresh raspberry sauce and a dollop o'cream...

TWICE COOKED PEARS £5.75

A pear... Half of it poached in a white wine syrup, t'other half poached in a red wine syrup. Baked int oven and served wi' a warm, light brandy custard.

ME MOM'S CHOCOLATE CAKE WITH CURLY WURLY ICE CREAM £5.75

Served warm with chocolate fudge sauce and our home-made curly wurly ice cream

Honor (ages) and Freya (ages) both agree "This chocolate cake is world famous"

MESSY BED £5.75

Based on an Eton mess apparently... fresh raspberries mixed w/ sweet whipped cream and crushed home made meringue. Finished w/ a raspberry sauce

HAZELNUT CHOCOLATE BROWNIE £5.75

Homemade hazelnut brownie, with bits of brownies and hazelnuts in... served warm with a chocolate praline sauce and vanilla ice cream

BORED CHEESE £6.50

(not available for early nights offer and served straight from t'fridge...so if ya want it ambient yer know what to do)

A selection of fine and dandy cheeses... hard and soft.

Served with fused olives, butter and biccy's

Early nights in B.e.d

Two people

(you and him or you and her or you two)

Two courses

(any starter and main*/any main* and pud)

Bottle of house wine

(red or white...includes free glass hire)

Served 6-7pm

(Tuesday -Saturday)

£15.97 ½p

(per person)

* Except the really expensive stuff

(ideally, for parties of no more than 8, pushin' it at 10... so don't embarrass yourselves or us by asking for more... or trying to book two tables of 8)

Group sessions in B.e.d

For groups of ten peeps or more,

be it getting old, staying young, santa claus time or just an excuse for a fab night out...

please ask for one of our group session packs.

We'd love to see ya!!!

Corporate Pillow talk

(it's good to talk in B.e.d)

Have you ever spent the day in B.e.d with up to 30 colleagues/associates,

a flip chart and an ~~OAP~~ OHP?

Well now you can...bring your meetings to B.e.d. !!!

In our blue room you will find all that you need to conduct your meetings...

On a typical day the deal is...

Coffee and bacon butty on arrival

Elevensies

Lunch

More elevensies

£ P.O.A.

Be adventurous in B.e.d...

Chill out with one of our rather fab wines on the patio...

bobble hats may be needed on occasions

Opening Times

Eat & drink Tuesday to Saturday

12noon - 2pm for lunch

6pm - 9.30/10pm ish for din dins

Sun/Mon...Our turn to be in Bed....asleep!!!

Bed Restaurant

24 Kings Road, Harrogate, HG1 5JW

Tel: (01423) 568600

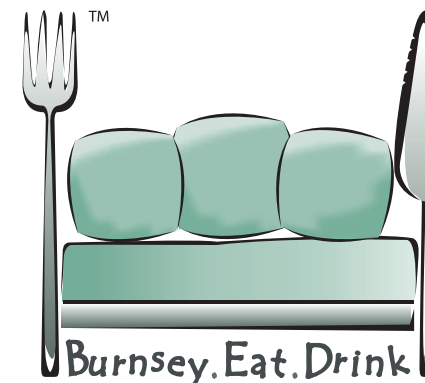
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www.bed.ltd.uk

Regular updates and last minute offers on our web site via Facebook and Twitter - don't miss out!

The Complete Guide to Good Times in B.e.d. Part XIV

by
Dave Burns



who will you spend the night in B.e.d with...